O.A.S.I. BIORESEARCH FOUNDATION NEWSLETTER N°14

It's Spring, the air is warming up and it's time for another Newsletter to update you all on what Dr. Gobbi and the Foundation have been up to over the last couple of months!

New treatments, studies & publications…

Commentary on the article "No difference in the KOOS Quality of Life sub-score between anatomic double-bundle and anatomic single-bundle anterior cruciate ligament reconstruction of the knee. A prospective randomized controlled trial with 2 years' follow-up". Aga et al, JBJS EBO, Gobbi A & Whyte G

"Complex Knee Injuries: from diagnosis to management" Ed Margheritini F, Espregueira-Mendes J, Gobbi A, Springer ISBN 978-3-662-58244-2

"Cartilage lesions can be treated with HA based scaffold with BMAC" Alberto Gobbi, MD; Graeme P. Whyte, MD, MSc, FRCSC; Katarzyna Herman, MD; Bogusaw Sadlik, MD, PhD Orthopedics Today,

The Foundation continues with its study on "Comparison between PRP standard and Cellular Matrix for chondropathy and early OA: a prospective randomized study (25 + 25 pts) FUP 1Y" and "Comparison between PRP and LIPOGEMS. 20 vs 20 patients (1Y F-UP- preliminary results)". We are still waiting for funding to start the important study looking at cost/benefit analysis, "Tissue engineering techniques for cartilage repair. One or two step surgery: impact on social costs and savings analysis"

Meetings:

ICRS Summit, San Diego 17-18 January

San Diego ICRS Summit: Dr. Gobbi is serving President of the Society and arranged the scientific program for this meeting which had its focus on "Bio-orthopedics in sports medicine". Over 300 hundred ICRS members joined the meeting in San Diego, representing 28 Countries. The sessions were punctuated with lively discussions between moderators and panelists and these lively discussions is what ICRS is all about, without discussion and sharing of experiences we cannot learn from others experience and we cannot share our own experiences and knowledge in the hope of advancing the more widespread use of bio orthopedics in everyday standard practice across the world. In fact, this International element was in evidence with the winners of the International Traveling Fellowship with members from Italy, Bangladesh, China, Mexico and Poland and with poster presentation honors awarded to doctor's from the United States, Spain and Poland. The value of a Summit is the possibility to meet, discuss and shake the hand of world's renowned scientists from different parts of the world in a friendly environment…



Dr. Moniruzzaram, Gobbi & Turzi



Scholarship & Poster winners



Old and not so old Polish Fellows with Dr Gobbi

ISMF, Carlsbad 18-20 January

This course provides a unique opportunity for fellows to learn the latest advancements in articular cartilage treatments and participate in the largest gathering of 2018-2019 Orthopedic Sports Medicine Fellows. The two days course includes a variety of lectures, case presentations, surgical demonstrations and hands-on workshops designed to enhance knowledge of orthopedic sports medicine. An interactive, case-based approach will teach

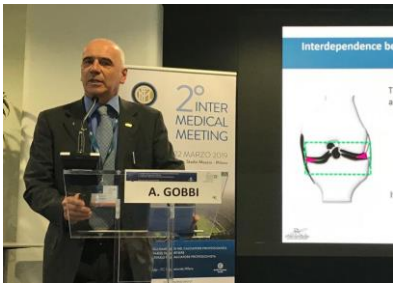
the work-up, management and the rehab techniques utilized by the international experts who comprise the faculty.

2nd Inter Medical Meeting 22 March

This meeting was at the famous San Siro stadium Meazza in Milan. The topics under discussion were lesions of the hamstrings in professional footballers, unstable shoulder in goalkeepers and lateral meniscus in footballers, Dr. Piero Volpi was Chairman of the meeting. Dr. Gobbi and Dr. Kumar both attended with Dr. Gobbi presenting on "Treatment of chondral defects in soccer players after lateral meniscectomy".



Dr. Gobbi & Dr. Kumar



Dr. Gobbi presenting



Gobbi, Peretti and Canata

2nd "Win the Knee" Course, Lodz 29 – 30 March

Organised by Breg, this meeting was over 2 days in Lodz, Poland. Dr. Gobbi presented on "Biological Augmentation in ACL Repair" and Dr Kumar also attended. The first day were dedicated to presentations and there was plenty of discussion between the speakers regarding research and new possibilities. The second day included 3 live surgeries.



Dr Gobbi



Dr Gobbi with his Polish Friends and Fellows

Staff update!



Dr. Vetri Kumar at work…



and taking part in the StraMilano run

Dr. Vetri Kumar *arrived at the Foundation on 29th January and will be with us until end September. Below he gives his first impressions of the Foundation but also Italy!*

"I am Dr. Vetri Kumar, Orthopedic Surgeon from Chennai, India. Right from my residency, I had a passion towards cartilage repair and knee preservation procedures. It felt like a dream come true after receiving a scholarship for this prestigious fellowship at the OASI Bioresearch foundation. Working with Prof. Alberto Gobbi

and learning the art of surgery and research methodology from him has been an absolute honor. I feel lucky and am glad to be a part of the various publications, presentations and ongoing research activities in this esteemed institution. The knowledge and experience gained by me in this period will give me an opportunity to contribute to the orthopedic and ICRS society. I am sure that this fellowship will be a landmark in my career and will help me to achieve new heights. I am looking forward to learn and expand my knowledge even further in the remaining duration of this fellowship."

Coming up….

ISOKINETIC meeting, Wembley in April, ISAKOS in Cancun and Giornate Milanesi di Chirurgia del Ginocchio (Knee Surgery in Milan), Milan in May. ICRS Focus meeting, Rome in June and a trip to Japan to give three lectures in 3 cities, Hiroshima, Kobe and Tokyo in July.

Our future in your hands

We are asking you to support these important initiatives by making a donation today. There are three ways to give:

1 *Donate to the O.A.S.I. Bioresearch Foundation, which supports research studies and publications. The operating budget for 2019 is €100,000 and any contribution however small is very useful.*

2 *Donate for a specific program; our Fellowship program gives the opportunity to young doctors from around the world to come to O.A.S.I. to learn new techniques and improve existing skills. The budget for each six month fellowship program is €15,000*

3 *Create an endowment, which ensures that our work can continue for years to come. We are currently seeking funds for the ongoing research and education missions of the Foundation.*

Will you help solve cartilage, joint injuries and arthritis?