O.A.S.I. BIORESEARCH FOUNDATION NEWSLETTER N°16

Summer is coming to a close, autumn is on the way, Christmas is almost round the corner; but first an update on the Foundations activities over the last couple of months.

New treatments, studies & publications…

"Prospective cohort study using Bone Marrow Aspirate with Autologous Bone Grafts for bone marrow lesions in early osteoarthritis Knee" Principal Investigator: Dr. Alberto Gobbi MD, Co-Authors: Vetri Kumar MS, Ignacio Dallo MD, Eleonora Irlandini. The hypothesis of the study is: Bone Marrow Aspirate with subchondral augmentation using autologous bone grafts increases the chance of the healing potential of subchondral lesions, which in turn helps in halting or slowing down the progression of OA.

Chapter for "The Illustrative Book of Cartilage Repair", "The Illustrative Bone Marrow Aspirate Concentrate and Hyaluronan-based scaffold Technique for Single Stage Cartilage Repair" Kumar V., Dallo I., Gobbi A.

Accepted for submission – "Primary anterior cruciate ligament repair with hyaluronic scaffold and autogenous bone marrow aspirate augmentation in adolescents with open physes" Gobbi, A, Herman, K, Grabowski, R, Szwedowski, D

Meetings:

1st Action Sports & Exercise Medicine Congress, Malcesine, 12-13 July

The 1st Action Sports & Exercise Medicine Congress was an international interdisciplinary event. Held in Malcesine (Italy) at the beautiful Palazzo dei Capitani, on 12th and 13thJuly 2019. It was the first Congress of ExtremeSportMED – International Association of Action Sports & Exercise Medicine, and was organized in collaboration with Politecnico di Milano, Fraglia della Vela, Malcesine and Foiling Week. The aim of the meeting was to foster new ideas, create new projects and collaborations and it certainly achieved this.



Dr Gobbi presenting on motocross



Attendees…



Dr's Kumar, Hayward, Gobbi & Irlandini

9th Symposium on Musculoskeletal System & Pain, Hiroshima, Kobe & Tokyo, 22nd-27th July

This symposium is held once a year to promote research into musculoskeletal system and pain and to improve the level of research through an exchange of information among researchers at the international level.

Research on pain in the musculoskeletal system and the development of treatments and methods of prevention are critically important for many countries with falling birthrates and an aging population. This symposium is one way to enable orthopedic surgeons, who are specialists in musculoskeletal disease, to show initiative in contributing to the maintenance and promotion of the people's health.





Polish Society of Sports Medicine Meeting, Wroclaw, 26th-27th September

This meeting was organized by Dr Gobbi's good friend Dr Sadlik. Dr Kumar & Dr Irlandini also attended.







Introducing Dr Gobbi ***Dr Sciarretta presents, Dr Sadlik moderating*** ***Dr's Kumar, Herman & Irlandini***

Staff update!

For our good fortune Dr Kumar has decided to extend his stay with us until the end of the year! Rafal Drobnicki joined us from the University of Aquila for 6 months as part of his doctorate studies.

Coming up….

ICRS World Congress in Vancuover, XXIV National Congress S.I.A. Arthroscopy & Sport in Milan, 42nd Annual Scientific Meeting in Singapore, ICRS Focus Meeting in Vienna, Polish Joint Preservation Meeting in Warsaw, a busy time before Christmas!

Our future in your hands

We are asking you to support these important initiatives by making a donation today. There are three ways to give:

1 *Donate to the O.A.S.I. Bioresearch Foundation, which supports research studies and publications. The operating budget for 2019 is €100,000 and any contribution however small is very useful.*

2 *Donate for a specific program; our Fellowship program gives the opportunity to young doctors from around the world to come to O.A.S.I. to learn new techniques and improve existing skills. The budget for each six month fellowship program is €15,000*

3 *Create an endowment, which ensures that our work can continue for years to come. We are currently seeking funds for the ongoing research and education missions of the Foundation.*

Will you help solve cartilage, joint injuries and arthritis?



The Basingstoke Canel, Mytchett, England